Hodgson Academy

PSHE

Year 10 and 11 Curriculum Overview

2026-2027

Year 10 Curriculum Overview

Autumn Term HT1	Spring Term HT3	Summer Term HT5
Exploring world issues (Celebrating Diversity & Equality) International organisations- understanding the scope of international organisations, the roles they provide, and the skills required to work in them. Peace, war and conflict- understanding why conflict occurs and what the impact can be. Human rights- learning about how human rights can be impacted by war. Aid and supporting other countries- describe a variety of ways countries can help and support each other and evaluate what support networks are available to those in need. Striking and trade unions- understanding their existence and purpose and the various reasons for strike. Women's rights and equality- to explore the changing role of women in the 20th century and its relevance today. Fair trade and free trade- understanding the difference, to evaluate the pros and cons of both.	**Health and wellbeing** Child sexual abuse – Understanding what child sexual abuse is, defining it, the law around it and how to recognise who to trust. Screentime – Explore how technology and social media can negatively impact on your mental health and how technology and smart phones can both be rewarding and damaging in our live Mental health illnesses – To know what mental health is and how to look after your own mental health. Real life strategies to help build healthy habits. What to say to someone who is struggling with mental health. Self-harm – To understand that it is a behaviour and not an illness, and what support if available. Suicide – Warning signs and what support there is available. Promoting Emotional Wellbeing – To learn what is mental "wellbeing" and what ways students can properly administer some strategies of their own.	**Staying safe online and offline** Honour based violence – what is it, who is at risk and how to seek support for someone at risk Forced marriage and breast ironing – exploring cultural practices and the law around them Online gaming and gambling – including addiction, the science behind creating a game that keeps people hooked Modern-day slavery – a closer look at where this is happening in society and how this can be tackled by the government and police. Keeping your data safe- how to look after your digital footprint and protect personal data. Causes of knife crime - how to reduce risk and who can be influential in making a difference to the statistics
Autumn Term HT2	**Spring Term HT4**	**Summer Term HT6**
Risk (Relationships and Sex Education) Pleasure and delaying sexual activity Campaigning against FGM – what is it and how to get support if you think someone is at risk Sending nudes - dealing with peer pressure and the consequences of sending inappropriate images	**Exploring British values** Critical thinking and fake news – Exploring the importance of critical thinking and how to spot fake news. Hate crimes in the UK – Describing what a hate crime is. British values and identity – Understanding what British Values are and their own identity within them.	**Life Beyond School** Work Experience Reflection – Looking at Lancashire Work Ready framework to identify skills gaps and work on interview skills by talking with their peers.

Online pornography (Myths and Reality) including a siscussion about pornography, access to it and its impact on society Unhealthy relationships, sexual abuse and rape – including up to date information about the law Sexualisation in the media - the role of the media, social media and the law	Mutual respect and tolerance – Exploring what mutual respect is and the importance of tolerance. Individual liberty – Learning how to express yourself freely and respectfully. What are human rights – Describing what human rights are and what this may look like across the globe. Democracy explored - Understanding what the word democracy is and what it means in the UK contextually.	Insta and TikTok generation – looking at the advantages and disadvantages to be found in social media and how this relates to careers 3-part case study on The Café Conspiracy (identifying employment and employer rights), The Marriage Crisis (the role of marriage in society including a range of viewpoints and the law and marriage) and The Disappearing Trainers (what is targeted advertising and what do we need to be aware of to keep our data safe) Introduction to Xello – Completing questionnaires on what skills they have, and what roles they could have by playing The Real Game, getting used to the platform ready for HT1 Year 11 for CV writing and Cover letter writing

Year 11 Curriculum Overview

Autumn Term HT1	Spring Term HT3	Summer Term HT5
CEIAG - Careers Education, Information, Advice and Guidance Understanding post-16 options and the changing landscape of 16-18 education including apprenticeships and T-Levels, visitors from Blackpool Sixth and Blackpool and Fylde college and preparation for the Careers Fair and Mock Interviews. What is a CV and what is it for? Learning to create a high quality first CV which can be used to secure part-time employment or apprenticeship interviews. Interview skills and practice - looking at common interview questions and how to prepare for success at interview.	**Life Beyond School** Screen addiction Post-16 options recapped Dealing with exam stress and anxiety- tips and techniques to try out to cope with the rigours of exam season Social media -understanding echo chambers, filter bubbles, how to detox your feed and how to use social media from a careers angle CV writing and writing a personal statement – recapping HT1 to ensure we are fully prepared base don feedback from interviews at mock interviews and from in lesson before the exam begin.	**Staying Safe Online and Offline** Virtual reality and live streams - future technology uses, both positive and potential dangers Drug education - addiction, New Psychoactive Substances, festivals and nitrous oxide, including up to date legal facts and case studies Cosmetic and aesthetic procedures- their rise in popularity, the law and how to get accurate information Online reputation and digital footprints- a last look at the impact on your personal and professional life of being in control of your digital output

Covid and jobs- a look at the lasting impact the pandemic has had on working practices and the labour market.		
Autumn Term HT2	**Spring Term HT4**	**Summer Term HT6**
Health & Wellbeing Organ donation and blood donation- why people may choose to do this and what the recent changes in the law means. Teenage pregnancy- discussing the impact of a teenage pregnancy, how to be pro-active in decision making. Mock Interview Day preparation lesson Abortion laws, morals and ethics. Parenthood for teenagers Male and female cancers and screening Love and abuse - the love and abuse topic revisits the healthy relationships theme and looks at signs of an unhealthy relationship.	**Relationships and Sex Education** Peer on peer abuse- a last look at what constitutes a healthy relationship and how to get support for yourself or a friend Fertility- male and female fertility and how lifestyle choices can help or hinder fertility Alcohol and choices- understanding ABV, units, what alcohol does to physical and mental health and how it can affect your decision making Importance of sexual health- how to be pro-active about your sexual health, STI's, the role of Sexual Health clinics, testing and signposting to further support Contraception revisited- understanding a range of contraception, both barrier and non-barrier methods.	