Hodgson Academy

PSHE

KS3 Curriculum Overview

PSHE: Key Stage 3 Curriculum Overview

	Autumn Term		Spring Term		Summer Term	
	Term 1		HT3	HT4	HT5	HT6
Year 7	**Celebrating Differences** Nature vs nurture, The Equality Act, Breaking down stereotypes (gender and age), Multicultural Britain, Prejudice and discrimination and challenging Islamophobia.	**Puberty and body development** Puberty-girls/boys, hygiene, assertiveness, consent, hormones,self-esteem,and empowerment	**Managing change** Consent and boundaries, managing friendships/relationships, respect, being positive and self-esteem, peer-pressure, and influence.	**Politics and parliament** Politics and parliament, political parties, campaigning, debates, the Prime Minister	**Friendships, respect, and relationships** Sleep and relaxation, getting to know people, transitions, career and choices, finance, and community.	**Staying Safe Online and Offline** Gangs, social networks, safety in gaming, alcohol, nicotine, Vaping, caffeine, knife crime
Year 8	**Equality and diversity explored.** LGBT awareness, homophobia in society, supporting a friend, transphobia and coming out.	**Health & Wellbeing** Key Knowledge/Key skills Health & Wellbeing, Child Abuse, Types of Bullying & Responding to Bullying, Mental health, body image, healthy eating and stress.	**Proud to be me.** Enterprise skills, values, career interests, self-esteem, LMI (Labour market Information), employment sectors	**Law, Crime, and society** Decision making, criminal responsibility, laws, community cohesion, prison, reform and punishment.	**Identity, Relationships and Sex Education** Sexual orientation, gender identity, healthy relationships, dealing with conflict, introduction to contraception, periods, and menstrual cycle.	**Dangerous society, Online and Offline** County Lines, Substance misuse, grooming, alcohol and society and cyber bullying.
Year 9	**Body confidence** Understanding the male and female reproductive systems, bullying, dealing with grief and loss, media and air-brushing, self-esteem, cancer prevention and healthy lifestyles.	**Relationships and Sex Education** FGM, consent and the law, pleasure and masturbation, delaying sexual activity, relationships and partners and STI's.	**Essential life skills** Failure and success, social media and online stress, First Aid, improving mental health, anger management, employment and financial management, saving money, Options Process support.	**Combatting extremism and terrorism** Conspiracy and fake news, extremism, terrorism, what are British values? Radicalisation, counter-terrorism and anti-Semitism.	**Risk, Relationships and Sex Education** Treating STI's & clinics, contraception, sexual harassment and stalking, HIV and AIDS- discrimination and prejudice	**Violence, Crimes and seeking safety** Drug education- classifications, cannabis, "party drugs," volatile substance abuse, different types of addictions