



Lancashire &
South Cumbria
NHS Foundation Trust

DROP IN SESSIONS

With our our Primary Mental Health Worker Team

- Aimed at Parents, Children and Young people and professionals seeking advice around Mental Health

- Including information around signposting and best services that meet your Mental Health needs

Where?

Knot End Library

FY6 0AU

Dates

Thursday 27/11/25 09:30AM-12PM

Thursday 22/1/26 09:30AM-12PM

Thursday 19/3/26 09:30AM-12PM

Thursday 14/5/26 09:30AM-12PM

Thursday 9/7/26 09:30AM-12PM