



## Children and Young People's Primary Mental Health Service

### Entwined Minds Patient Participation Group: Wyre

Are you passionate about mental health and wellbeing?

Entwined minds

Do you want to use your voice to make positive changes to Children's Mental Health Services?

Would you like to connect with others and have fun along the way?

If the answer is **YES** then why not come along to the Entwined Minds Group! Each session is supported by practitioners from SHINE Mental Health Support Team who work in all High schools within Wyre.

#### What can I do at Entwined Minds?

- Provide feedback on how we can be better
- Create content for social media
- Help design our promotional material and resources
- Make decisions about who we employ
- Attend events with the team in and out of school
- Gain experience to support you in your future plans
- Build positive relationships within your community

#### Date:

The first Wednesday of every month starting

#### Time:

4:30pm till 6pm

#### Location:

Poulton Community Hall, Vicarage Road, FY6 7BE

#### Get in touch

If you are interested or have any other questions then get in touch or let one of your practitioners know!

0800 121 7762 (Option 4) [bfwh.cyppmhs.blackpool.nhs.net](mailto:bfwh.cyppmhs.blackpool.nhs.net)

[@cyp\\_primarymentalhealthservice](https://www.instagram.com/cyp_primarymentalhealthservice)

