

# \*\*Top Tips for Revision\*\*

# 1. Start revising early

Begin revising months, not days, before the exam. Starting early ensures plenty of time to build confidence with the material and ensures the information will move into your long-term memory.

# 2. Plan your revision using a timetable

Organize your revision with a timetable. This helps you stay focused, knowing you're covering everything needed. We've provided a suggested timetable for Hodgson Academy students, recommending two 20-minute tasks each day. Please see the Y11 Guided Revision document – the link is here.

TIME	MONDAY			THURSDAY		TIME	SATURDAY	
e: 30 AM = 4 PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9.AM— 10.AM	BREAKFAST/ SHOWER	BREAKFAST SHOWER
4PM− 5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ 6AMIN6/ SOCIAL MEDIA	HOMEWORK	10 AM- 11 AM	REVISION - ENGLISH	REVISION - SCIENCE
5PM- 6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11.AM- 1PM	SEEING FRIENDS/ LUNCH	SPORT/ LUNCH
6РМ- 1РМ	REVISION - GEOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1PM- 3PM	REVISION - MATHS	REVISION - FLASH CARD
7PM- 8PM	REVISION - MATHS	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3PM- 5PM	OUT WITH FAMILY	SPORT/ TV/ GAMING
€PM- ⊴PM	FREE TIME/	FREE TIME/	FREE TIME/	FREE TIME/	FREE TIME/	6РМ- 8РМ	DINNER/ FREE	DINNER, FREE



# **3.** Set up a tidy, organised study space and keep your phone and other distractions away

Find a well-lit space with your materials close at hand, away from distractions like your phone or TV. Phones are tempting distractions so put yours aside

while revising to stay focused. Also, avoid studying in bed to stay alert.

## 4. Write down notes, don't just read them and vary your revision with different activities

Reinforce your learning by jotting things down. Writing things out is a simple but effective way to make information stick. Use different techniques to do this as modelled at the revision fair: writing notes from memory, dual coding, mind-maps, self-quizzing, thinking frames, flash cards and completing practice questions. A link to some of these methods can be found here.



## 5. Don't spend ages making your notes look pretty

Your time is precious. Focus on capturing key details rather than creating a 'work of art'. For diagrams, include the essentials you need to learn.



#### 6. Stick revision notes around your house

Place reminders in spots you see daily. When you're in the exam, you'll remember those key facts you stuck on the fridge! Use your post-it notes from the revision fair.

## 7. Do plenty of practice papers and questions

Familiarity with practice papers gives you an edge on exam day. Check out past papers from your exam board for practice.

### 8. Bring revision on the go

If you prefer digital resources, bring them along on your phone or tablet to fit in extra study time while you're out and about.

#### 9. Schedule time for relaxation

Balancing revision with leisure helps keep you motivated. Don't forget to unwind with activities you enjoy.

#### 10. Eat and sleep well

Proper rest, hydration, and nutrition are essential for focus and memory. Take care of your body, so your mind is ready to perform. A rested brain absorbs and retains information better, so avoid cramming the night before. Get quality sleep to wake up refreshed and focused.



#### Finally, on the exam day, arrive early

Avoid unnecessary stress by giving yourself extra time to reach the exam hall. Once there, stay calm, trust your preparation, and ignore any last-minute nerves from others.

Good luck! You've put in the work, and Hodgson Academy is behind you all the way!