



Hodgson Academy
Junglur • Believe • Achieve

Safeguarding newsletter Spring Term update 2017

1. ACE

A new animation has been launched to raise awareness of how certain traumatic childhood events can have an impact on a person throughout their entire life. Adverse Childhood Experiences (ACEs) are those that directly harm a child; such as physical, verbal and sexual abuse or physical or emotional neglect – as well as those that affect the environment where they grow up; including parental separation, domestic violence, mental illness, alcohol abuse, drug use or incarceration.

Link: <http://www.blackburn.gov.uk/Pages/aces.aspx>

2. Legal - Indecent images of children

BBC News reports that, according to NCA figures, more than 680 people have been arrested over the past nine months for downloading indecent images of children. 104 of these people were in "positions of trust", with 32 linked to education.

Link: <http://www.bbc.co.uk/news/uk-35061689>

3. GIRL GUIDING RESEARCH

In the research, girls told us in their own words about their well-being, the pressures they face and the change they want to see. Girls said that they're experiencing unprecedented levels of stress and pressure: to do well at school, to look and behave in certain ways, and to measure up to expectations from friends, family, school and the media. The combination of these can be unmanageable. For many girls, it is having a damaging affect on their well-being. Experiences of everyday sexism including sexual harassment at school, unrealistic pressures around appearance, online harassment and abuse, and stereotypical representations of girls and women in the media are all taking their toll. Lack of support despite the huge pressures they're under, girls feel that the adults in their lives are out of touch with their concerns. They're not getting the information and help they need to remain resilient in the face of these pressures and to challenge the everyday sexism they experience.

What are Girlguiding doing about it?

We're supporting girls through our Think Resilient programme Or trained Peer Educators are delivering our Think Resilient programme, up and down the country. It's designed to build mental well-being and grow resilience in Brownies, Guides and members of The Senior Section. We're calling on government to tackle the pressure girls are under Our research listens to girls and it is clear that action is needed to provide more support to help reverse the decline in their well-being - and prevent low well-being in the future.

Link: <https://www.girlguiding.org.uk/social-action-advocacy-and-campaigns/research/mental-wellbeing/>

4. Blue Whale Challenge

You have recently had some communication about this.

3. New Apps and websites to be aware of

1) Over the last week or so, people have been letting me know about a new website, called sayat.me. Here's how the site describes what to do:

1. Create your personal feedback web address
2. Spread the link through Twitter, Facebook, Skype, etc.
3. Read what people think about you
4. Publish your favourite feedback Except teenagers being teenagers, they see an anonymous feedback tool and use it offensively. There is growing evidence of the harm that this site has already created, and DSLs are telling me about the damaging cyberbullying they are having to deal with as a result.

2) Thirteen Reasons Why is a controversial film aimed at older teenagers on the popular streaming service, Netflix. Launched recently it is based on a book by Jay Asher published in 2007. The story concerns a high-school student who takes her own life, and has left 13 cassette tapes she has recorded explaining why. The film has become controversial because of its explicit portrayal of the character's death and that this could lead to other similar deaths. In the UK there are strict guidelines about suicide in drama, but Netflix operates outside those rules. Media guidelines from The Samaritans explain that "over-simplification of the causes or perceived 'triggers' for a suicide can be misleading and is unlikely to reflect accurately the complexity of suicide." Young people in school may well have watched and be talking about 'Thirteen Reasons Why'

5. Thinkuknow - Online safety

The government has announced a package of measures to help keep children safe online. These include: a UKCiSS guide to help parents keep their children safe online; updated content on CEOP's Thinkuknow website; and new industry-led initiatives to help children be safe online.

Link: <https://www.gov.uk/government/news/new-measures-to-keep-children-safe-online-at-school-and-at-home>

<http://www.thinkuknow.co.uk/>

6. Lego launches 'safe' social network for under-13s

Basically it's a child-friendly Lego-themed Instagram. It'll let children post photos of their creations and comment on other people's but with strict restrictions on what they can say.

Text comments aren't allowed but users can either use prewritten responses or custom Lego emoji and stickers. Although it's aimed at children, who have to use a parent's details to sign up, there is no restriction on adults also joining the network. To keep kids safe, they won't be asked for any personal information or photographs and the app doesn't have tracking enabled. Instead, avatars are Lego mini-figures and account names are random words. The company says the app is heavily moderated through automated filters and employ-ees filtering content. The app also offers building challenges to try to encourage creativity. All the adverts on the network are for Lego products. Lego hopes in future the app will expand to become a central hub for all its services, including games and instructions.

Link: <http://www.bbc.co.uk/newsbeat/article/38806540/lego-launches-safe-social-network-for-under-13s>

7. Resources parents could highlight to their children

1) ChildLine have created Zip-It, an app that provides witty comebacks in order to help young person say no to requests for naked images:

Link: <https://www.childline.org.uk/Play/GetInvolved/Pages/sexting-zipit-app.aspx>

2) There is information on the ChildLine website for young people about sexting:

Link: <https://childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/>

3) The Safer Internet Centre has produced resources called 'So You Got Naked Online' which help young people to handle incidents of sexting:

Link: <http://childnetsic.s3.amazonaws.com/ufiles/Files%202015/SYGNO%20Booklet%20-%20version%20%20May%202015.pdf>